



Revolution Foods May 2010 – K-12

M	T	W	T	F
<p><u>May 3</u> Macaroni & Cheese Ziti w/ Zesty Hamburger & Cheese Pasta Marinara with Parmesan DF Pasta Marinara w/ Meatballs Turkey and Cheese Sandwich Chicken Chopped Salad B: Cinnamon Roll OR Kashi Go Lean Crunch Cereal OR Oatmeal Fresh Fruit S: Individual Goldfish Crackers</p>	<p><u>May 4</u> Spaghetti Marinara with All Natural Meatballs and Cheese All Natural Teriyaki Chicken Pasta Fagioli (Pasta with Beans and Parmesan Cheese) Southwest Chicken Wrap Sesame Chicken Salad B: Muffin (assorted varieties) OR Oatmeal with Fresh Fruit S: Honey Roasted Soy Nuts</p>	<p><u>May 5</u> Ziti w/ Zesty Hamburger & Cheese Sloppy Joe Vegetable Cheese Lasagna Chicken Salad Sandwich Chicken Caesar Salad B: Cinnamon Raisin Bagel OR Oatmeal with Fresh Fruit S: NEW!! Sea Salt Pita Chips</p>	<p><u>May 6</u> Covered 'n' Cheesy Chicken Burrito with Classic Ranchero Sauce Grilled Chicken Sandwich Macaroni & Cheese BBQ Turkey and Cheese Wrap Southwest Chicken Salad B: Muffin (assorted varieties) OR Oatmeal with Fresh Fruit S: String Cheese</p>	<p><u>May 7</u> Deep Dish Cheese Pizza All Natural Beef Hot Dog Garden Vegetable Bean Soup All Natural Turkey & Cheese Sandwich Chicken Caesar Salad B: Yogurt and Granola OR Kashi Go Lean Crunch Cereal OR Oatmeal with Fresh Fruit S: White Bean Dip with Celery OR Sunflower Seeds</p>
<p><u>May 10</u> Macaroni & Cheese Revy Cheeseburger Homemade Veggie Chili w/ Cheese DF Revy Burger All Natural Turkey & Cheese Sandwich Chicken Chopped Salad B: Cinnamon Roll OR Kashi Go Lean Crunch Cereal OR Oatmeal with Fruit S: Crispy Cheddar Crackers</p>	<p><u>May 11</u> Spaghetti w/ Meatballs & Cheese Deep Dish Cheese Pizza DF Pasta with All Natural Meatballs Southwest Chicken Wrap Sesame Chicken Salad B: Muffin (assorted varieties) OR Oatmeal with Fresh Fruit S: String Cheese</p>	<p><u>May 12</u> All Natural BBQ Chicken Pasta Alfredo Chicken Caesar Wrap Chicken Caesar Salad B: Cinnamon Raisin Bagel OR Oatmeal with Fresh Fruit S: NEW!! Bunny Graham Friends with Fresh Fruit</p>	<p><u>May 13</u> Covered 'n' Cheesy Chicken Burrito with Classic Ranchero Sauce Beef Soft Taco Macaroni & Cheese DF Beef Taco BBQ Turkey and Cheese Wrap Southwest Chicken Salad B: Muffin (assorted varieties) OR Oatmeal with Fresh Fruit S: Yogurt</p>	<p><u>May 14</u> Deep Dish Cheese Pizza Beef, Bean and Cheese Burrito All Natural DF Beef and Bean Burrito All Natural Turkey & Cheese Sandwich Chicken Caesar Salad B: Yogurt and Granola OR Kashi Go Lean Crunch Cereal OR Oatmeal with Fresh Fruit S: White Bean Dip with Carrots OR Sunflower Seeds</p>
<p><u>May 17</u> Macaroni & Cheese Ziti w/ Zesty Hamburger & Cheese Pasta Marinara with Parmesan DF Pasta with All Natural Meatballs All Natural Turkey & Cheese Sandwich Chicken Chopped Salad B: Cinnamon Roll OR Kashi Go Lean Crunch Cereal OR Oatmeal w/ Fruit S: Individual Goldfish Crackers</p>	<p><u>May 18</u> All Natural Teriyaki Chicken Spaghetti w/ Meatballs & Cheese All Natural Teriyaki Tofu Southwest Chicken Wrap Sesame Chicken Salad B: Muffin (assorted varieties) OR Oatmeal with Fresh Fruit S: Honey Roasted Soy Nuts</p>	<p><u>May 19</u> Ziti w/ Zesty Hamburger & Cheese Vegetable Cheese Lasagna Sloppy Joe Chicken Salad Sandwich Chicken Caesar Salad B: Cinnamon Raisin Bagel OR Oatmeal with Fresh Fruit S: NEW!! Sea Salt Pita Chips</p>	<p><u>May 20</u> Beef, Bean and Cheese Burrito All Natural Beef Hot Dog Bean and Cheese Quesadilla DF Beef Taco BBQ Turkey and Cheese Wrap Southwest Chicken Salad B: Muffin (assorted varieties) OR Oatmeal with Fresh Fruit S: String Cheese</p>	<p><u>May 21</u> Deep Dish Cheese Pizza Grilled Chicken Sandwich All Natural Turkey & Cheese Sandwich Chicken Caesar Salad B: Yogurt and Granola OR Kashi Go Lean Crunch Cereal OR Oatmeal with Fresh Fruit S: White Bean Dip with Celery OR Sunflower Seeds</p>
<p><u>May 24</u> Macaroni & Cheese Revy Cheeseburger Homemade Veggie Chili with Cheese DF Revy Burger All Natural Turkey & Cheese Sandwich Chicken Chopped Salad B: Cinnamon Roll OR Kashi Go Lean Crunch Cereal OR Oatmeal with Fresh Fruit S: Crispy Cheddar Crackers</p>	<p><u>May 25</u> Spaghetti with Meatballs and Cheese Pasta Fagioli (Pasta with Beans and Parmesan Cheese) Chicken & Vegetable Soup Southwest Chicken Wrap Sesame Chicken Salad B: Muffin (assorted varieties) OR Oatmeal with Fresh Fruit S: String Cheese</p>	<p><u>May 26</u> Sloppy Joe All Natural BBQ Chicken BBQ Chicken Sandwich with Cheese Bean and Cheese Quesadilla Chicken Caesar Wrap Chicken Caesar Salad B: Cinnamon Raisin Bagel OR Oatmeal with Fresh Fruit S: NEW!! Bunny Graham Friends</p>	<p><u>May 27</u> Covered 'n' Cheesy Chicken Burrito with Classic Ranchero Sauce Grilled Chicken Sandwich Garden Vegetable Bean Soup BBQ Turkey and Cheese Wrap Southwest Chicken Salad B: Muffin (assorted varieties) OR Oatmeal with Fresh Fruit S: Yogurt</p>	<p><u>May 28</u> Deep Dish Cheese Pizza All Natural BBQ Chicken All Natural Turkey & Cheese Sandwich Chicken Caesar Salad B: Yogurt and Granola OR Kashi Go Lean Crunch Cereal OR Oatmeal with Fresh Fruit S: White Bean Dip with Carrots OR Sunflower Seeds</p>

Each lunch includes fresh fruit and milk that is free of artificial hormones and antibiotics and each snack includes fresh fruit. Everyday a Dairy Free Turkey Sandwich is offered

B = Breakfast S= Snack DF = Dairy Free